

## MINI HEALTH PACK

### CHILD CARE

Complete Blood Count (with ESR)  
 Blood Group Rh factor  
 Random Blood Sugar  
 Serum Calcium  
 TSH  
 Urine & Stool examination  
 Consultation with Child Specialist  
 Consultation with Eye Specialist

**PRICE: Rs. 950/-**

### HEADACHE

Complete Blood Count (with ESR)  
 Fasting Blood Sugar  
 X-Ray PNS  
 ECG  
 CT Scan Brain  
 EEG  
 EYE Check up

**PRICE: Rs. 4600/-**

### STROKE

Complete Blood Count (with ESR)  
 BT, CT, PT, PTT  
 Fasting Blood Sugar  
 Creatinine  
 Lipid Profile  
 Chest X-Ray  
 ECG  
 CT Brain

**PRICE: Rs. 6000/-**

### HYPERTENTION

Complete Blood Count (with ESR)  
 Fasting Blood Sugar  
 Renal Profile  
 Lipid Profile  
 Urine Routine  
 Chest X-Ray  
 ECG  
 Sonography - Kidney  
 Stress Test  
 2D Echo  
 EYE Check up  
 Fundoscopy

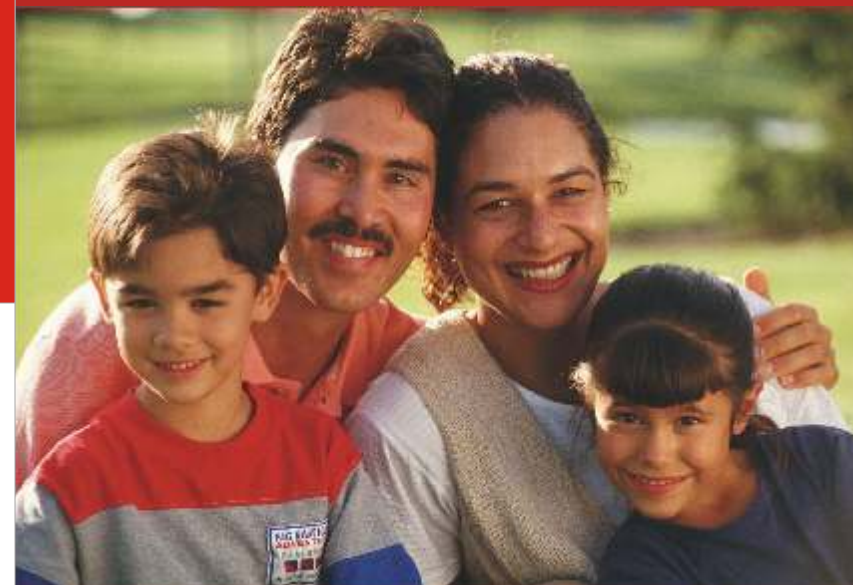
**PRICE: Rs. 3500/-**

Vital Diagnostics & Multi-Speciality Clinic has brought to Bangalore the latest in Medical Diagnostics Technology & is undoubtedly the most comprehensive world class diagnostic center offering a wide range of services all under one roof. Understanding the criticality of correct diagnosis to effective cure, Vital provides accurate results in the shortest possible time, using the latest computerized equipment, blended with state-of-the-art technology.

Committed to providing quality care at reasonable prices, Vital offers a wide range of Health Check Packages and consultations for precise and complete diagnosis.

#### **BEFORE YOU UNDERGO A HEALTH CHECK:**

- Kindly take prior appointment
- Please ensure you have been fasting for 12 hours prior to Health Check
- Do not take alcohol, cigarettes, tobacco or any other liquid (except water) in the morning
- Bring Stool Sample in the container, if required in your Health Check
- Containers are available on request at the Reception Counter
- Please bring all your Medical prescriptions and previous medical records with you
- Please wear two piece loose comfortable clothes or ask for Patient Gown at Vital
- Please inform the Reception or Health Check Co-ordinator if you have a Medical History of Cardiac or Diabetic problems.
- Pregnant women or those suspecting pregnancy should inform us and are advised not to undergo any X-Ray test
- It is advisable not to undergo any health check during your Menstrual cycle.



**Vital**  
 Medi-healthcare  
 ... Vital for Healthy Living

Give your  
 health the  
 Vital advantage

#### **Vital Diagnostics & Multi-Speciality Clinic**

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## HEALTHY LIFE HEALTH CHECK: BASIC | EXECUTIVE | MASTER

SL. NO.	INVESTIGATIONS	VITAL HEALTH PACKAGES		
		Basic	Master	Executive
1	<b>LABORATORY TESTS</b>			
	Complete Blood Count (with ESR)	✓	✓	✓
	Blood Group & Rh Factor	✓	✓	✓
	Urine Examination	✓	✓	✓
2	<b>TESTS FOR DIABETES</b>			
	Random Blood Sugar	✓		
	Fasting Blood Sugar		✓	✓
	Post Prandial Blood Sugar		✓	✓
3	<b>TESTS FOR KIDNEY FUNCTION</b>			
	BUN		✓	✓
	Uric Acid		✓	✓
	Creatinine	✓	✓	✓
4	<b>TESTS FOR CHOLESTEROL / LIPIDS</b>			
	Serum Cholesterol, Triglycerides	✓	✓	✓
	HDL Cholesterol, LDL Cholesterol		✓	✓
	VLDL Cholesterol + Ratios		✓	✓
5	<b>TESTS FOR LIVER FUNCTION</b>			
	SGPT, SGOT	✓	✓	✓
	Bilirubin		✓	✓
	Gamma GT, Total Protein (Albumin phosphatase)		✓	✓
	Alkaline Phosphatase		✓	✓
6	<b>SPECIAL TESTS</b>			
	Serum Calcium	✓	✓	✓
	Glycoslated Heamoglobin (HBA1c)		✓	✓
	Australian Antigen - HBsAg (Hepatitis B)			✓
	T3/ T4/ TSH		✓	✓
	HIV Elisa			✓
7	<b>TESTS FOR HEART DISEASE</b>			
	Electrocardiogram (ECG)	✓	✓	✓
	X-Ray Chest	✓	✓	✓
	2D Echocardiography or Stress Test (Treadmill)		✓	✓
8	<b>TESTS FOR CANCER</b>			
	PSA for Men			✓
	CA125 for Women			✓
	PAP Smear for Women (above 18 yrs)		✓	✓
9	<b>SONOGRAPHY</b>			
	Abdominal Organs	✓	✓	✓
	Prostate Scan (Men over 50 Yrs)	✓	✓	✓

	Ovaries/ Uterus scan (Women)	✓	✓	✓
10	<b>CONSULTATION</b>			
	Consultation with Physician	✓	✓	✓
	Cardiology Consultation			✓
	Physical Exam & Oncology Consultation			✓
	Gynaecology Examination & Consultation		✓	✓
	Dental Consultation or Eye Consultation	✓	✓	✓
	Any other Consultation of your Choice			✓
	<b>PRICE FOR WOMEN (Rs.)</b>	1650/-	4500/-	7150/-
	<b>PRICE FOR MEN (Rs.)</b>	1650/-	4500/-	6150/-

## WOMEN'S HEALTH CHECK

SL. NO.	INVESTIGATIONS	VITAL WOMEN'S CHECK	
		Basic	Comprehensive
1	<b>LABORATORY TESTS</b>		
	Urine & Stool examination	✓	✓
	Complete Blood Count (with ESR)		✓
	Blood Group & Rh Factor	✓	✓
2	<b>TESTS FOR DIABETES</b>		
	Random Blood Sugar	✓	✓
3	<b>TESTS FOR KIDNEY FUNCTION</b>		
	BUN	✓	✓
	Creatinine	✓	✓
	Uric Acid	✓	✓
4	<b>TESTS FOR CHOLESTEROL/LIPIDS</b>		
	Serum Cholesterol, Triglycerides	✓	✓
5	<b>TESTS FOR LIVER FUNCTION</b>		
	SGPT, SGOT	✓	✓
	Bilirubin		✓
	Gamma GT, Total Protein (Albumin Phosphatase)		✓
	Alkaline Phosphatase		✓
6	<b>SPECIAL TESTS</b>		
	Serum Calcium	✓	✓
	CA-125 Level (Cancer Marker)		✓
	Pap Smear	✓	✓
	Thyroid Profile (T3,T4,TSH)		✓
	X-Ray Chest	✓	✓
7	<b>SONOGRAPHY</b>		
	Abdominal Organs	✓	✓
	Ovaries/ Uterus scan (Women)	✓	✓
8	<b>CONSULTATIONS</b>		
	Consultation with Gynaecologist	✓	✓
	Consultation with Physician	✓	✓
	<b>PRICE (Rs.)</b>	1750/-	3750/-

## DIABETES CHECK

SL. NO.	INVESTIGATIONS	VITAL DIABETES	
		Basic	Comprehensive
1	<b>LABORATORY TESTS</b>		
	Urine & Stool examination	✓	✓
	Complete Blood Count (with ESR)	✓	✓
	Peripheral Smear	✓	✓
2	<b>TESTS FOR DIABETES</b>		
	Fasting Blood Sugar	✓	✓
	Post prandial Blood Sugar	✓	✓
	Micro-Albumin Urea		✓
	Glycosylated Haemoglobin(HbA1c)		✓
3	<b>TESTS FOR KIDNEY FUNCTION</b>		
	BUN		✓
	Calcium	✓	✓
	Uric acid		✓
	Creatinine	✓	✓
4	<b>TESTS FOR CHOLESTEROL/LIPIDS</b>		
	Serum Cholesterol, Triglycerides	✓	✓
	HDL Cholesterol, LDL Cholesterol		✓
	VLDL Cholesterol, +Ratios		✓
5	<b>SPECIAL TESTS</b>		
	Fundoscopy		✓
6	<b>TESTS FOR HEART DISEASE</b>		
	Electrocardiogram (ECG)	✓	✓
	X-Ray Chest		✓
7	<b>CONSULTATION</b>		
	Consultation with physician/ Diabetologis	✓	✓
	<b>PRICE (Rs)</b>	850/-	2500/-

## HEALTHY HEART HEALTH CHECK

SL. NO.	INVESTIGATIONS	VITAL HEART CHECK	
		Basic	Comprehensive
1	<b>LABORATORY TESTS</b>		
	Urine examination	✓	✓
	Complete Blood Count (with ESR)		✓
2	<b>TESTS FOR DIABETES</b>		
	Fasting Blood Sugar	✓	✓
	Post Prandial Blood Sugar	✓	✓
3	<b>TESTS FOR KIDNEY FUNCTION</b>		
	BUN, Creatinine	✓	✓

4	<b>TESTS FOR CHOLESTEROL/LIPIDS</b>		
	Serum Cholesterol, Triglycerides	✓	✓
	HDL Cholesterol, LDL Cholesterol	✓	✓
	VLDL Cholesterol, +Ratios	✓	✓
5	<b>TESTS FOR HEART DISEASE</b>		
	Electrocardiogram(ECG)	✓	✓
	X-Ray Chest	✓	✓
	2D Echocardiography or Stress Test ( Treadmill)	✓	✓
6	<b>SPECIAL TESTS</b>		
	LDH		✓
	CPK		✓
	Apolipo Protein A1 & B		✓
	Lipoprotein A		✓
7	<b>CONSULTATION</b>		
	Consultation with Cardiologist	✓	✓
	<b>PRICE FOR MEN (Rs.)</b>	1500/-	4000/-

## OPTIONAL TESTS

	PRICE (Rs.)
Genetic Councelling for Cancer	700/-
Serum LDH	180/-
CA 125 for women	1000/-
Colonoscopy / Sigmoidoscopy	2000/-
Glycoslated Heamoglobin (HBA1c)	350/-
Australian Antigen - HBsAg (Hepatitis B)	230/-
T3/ T4/ TSH	500/-
HIV Elisa	350/-
2D Echocardiography OR Stress Test (Treadmill)	750/-
PSA for Men	450/-
PAP Smear for Women	275/-
SGOP, SGPT	160/-
BUN	70/-
Uric Acid	60/-
Lipid Profile	400/-
Liver Function Test	400/-
Cardiology Consultation	250/-
Physical Exam & Oncology Consultation	250/-
Gynaecology Examination & Consultation	150/-
Eye Consultation	100/-
CT Brain	2750/-
MRI (any region)	6000/-

Test to be conducted at HCG (South East Asia's Largest Cancer Care Network), Hudson Circle

Mammograpgy Screening (above 40 yrs)	2550/-
Cardiac PET CT Scan at HCG	12000/-
Whole Body PET CT Scan at HCG	20000/-